

Illuminate Richmond 2026 Workshops

TIME

WORKSHOP

11:00 am

Mediumship 101

Trina Star

This workshop will be a discussion and demonstration through audience participation of what a reading experience may be like for the Medium. Suggesting many different processes the Medium may go through when giving a reading, ethics concerns, need to practice in group sessions, spiritual teachings, and meditation.

12 noon

Who Are You REALLY and Why Are You Here?

Rev. Lorana Walsh

Four Simple Truths is a practical approach to understanding how life really works beneath the surface. In this workshop, Rev. Lorana shares four core principles that cut through confusion and bring clarity to everyday challenges. Rather than abstract philosophy, these truths are tools you can use immediately to navigate life.

1:00 pm

Music in Your World

Cecky Ropelewski

Music touches our lives in many ways, whether it make us happy, calms us down, or pumps us up. By playing some music, we will explore how this music affects us.

2:00 pm

The Power of Intention

Bekah Drake

Join Bekah of Dragon's Way Wellness for this fun and informative workshop on setting positive intention and tools that help with manifesting those intentions! Learn how and why intentions need to be stated in a specific way for maximum effectiveness, how some affirmation statements can accidentally be negative manifesters, and hear suggestions for tools that will help you manifest your desires to create a life you love!

3:00 pm

Wire Wrapping 101

Sarah Prados

Join Sarah of DieselEaselUniverseLLC to learn the basics of wire wrapping jewelry. Sarah will wire wrap a popular pendant design (a Tree of Life) and answer your questions. Pendant supplies are available for purchase before and during the workshop - not required, but encouraged!



illuminate

RICHMOND

local arts & wellness festival

Energywork, Bodywork and Intuitive Readers
Crystals & Essential Oils
Luxurious Spa Products
Amazing Artisans
Jewelry & Gifts

free admission • free workshops

Sunday, June 7, 2026 • 10 am to 5 pm

Richmond Marriott Short Pump

4240 DOMINION BOULEVARD, GLEN ALLEN, VIRGINIA 23060



www.illuminatefestivals.com

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