

Illuminate Frederick April 2026 Workshops

TIME WORKSHOP

11:00 am

Messages from the Angels

KATIE AND TOM HIRT-ANGELIC CONNECTIONS

Katie and Tom connect with Spirit to bring forth clear, impactful, and life affirming messages. Their intuition and divination gifts help clients find peace, resolution, comfort and understanding. Their powerful and uplifting sessions are Spirit designed to address life's challenges by moving unerringly to the highest response from LOVE!

12 noon

Healing Ancestral Patterns

JOY ANDREASEN-WHISPERS OF JOY

Have you ever noticed a pattern or trend that seems to reoccur in successive generations? For example, maybe a tendency towards addiction, scarcity mentality, or infidelity. Sometimes just recognizing that a pattern exists is not enough to break the pattern. That is where energy healing can be of assistance. In this workshop, after a short time of discussion, you will be offered an opportunity to identify a pattern you would like healed and eliminated from your family line. Joy will do a group healing and lead you in a prayer of release. Freedom is possible!

1:00 pm

Mediumship 101

TRINA STAR

This workshop will be a discussion and demonstration through audience participation of what a reading experience may be like for the Medium. Suggesting many different processes the Medium may go through when giving a reading, as well as ethics concerns, the need to practice in group sessions, spiritual teachings.

2:00 pm

NEW! Calibrating Consciousness

BILL SNIFFIN - ZOETIC WORKSHOPS

Do you wonder how some things you do or say aren't understood by others? Or no matter how hard you try, you sometimes don't understand what others do or say? Getting in the way is the your level of consciousness operates differently from the level of that other person. Are you operating from Love? From Reason? From Fear? These all define different levels of consciousness and can define what causes that break in understanding. Learn about levels of consciousness, how to calibrate them, and how to make use of this training in your day-to-day life.

3:00 pm

Healing Without A Map

DONNA CONLEY - WILD MOON HEALERS LLC

Healing Without A Map is an invitation to slow down and listen. Drawing on lunar cycles and nervous system wisdom, this talk reframes burnout and stuckness as natural phases of healing, not failures. Participants explore how space, rhythm, and awareness restore balance, helping them move forward with clarity, trust, and care.

4:00 pm

The Soul Speaks Through Art: A Journey into Spirit Portraits & Auragraphs

ELLEN EDMONDSON

Discover how spirit-inspired art opens a doorway to healing and connection. Ellen will share her personal journey, techniques, and insights from her mediumship and creative process—revealing how art carries soul messages across the veil. The session will include a live demonstration of a spirit portrait in action.

**New
Location!**



illuminate

FREDERICK

local arts & wellness festival

Energywork, Bodywork and Intuitive Readers
Crystals & Essential Oils
Luxurious Spa Products
Amazing Artisans
Jewelry & Gifts

free admission • free workshops

Sunday, April 26, 2026 • 10 am to 5 pm

Hilton Garden Inn

7226 CORPORATE COURT, FREDERICK, MARYLAND 21703



www.illuminatefestivals.com

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