

Time Workshop

11:00 am Nutrition and Natural Therapies for Skin Rejuvenation

SARAH HUNG, ND, L.AC.

Come and learn nutritional and natural methods to support smooth and radiant skin from the inside out! Vitamins, minerals, amino acids, stress, and the environment will be discussed as contributors to skin health and a demo for home care routines and Korean facial acupuncture.

12 noon Mediumship Open Gallery

DEIDRE SANFORD

Join Deidre Sanford – psychic medium, intuitive healer, holistic therapy practitioner/recovery coach and radio show host – for a shared experience with the ancestors. Deidre will use her mediumship skills to reconnect us with our loved ones who have passed. Not everyone is guaranteed a reading, yet all will benefit from the messages she delivers from those who choose to come through to us during our time.

1:00 pm Miracles Happen Every Day

SUSAN LUKAS

Psychic medium Susan Lukas will deliver a channeled message from her Akashic Records guide and then lead a meditation to show you how to create miracles in your own life!

2:00 pm Take Drama Out of Your Trauma

DR. MARINA KOSTINA

The foundation of this workshop is a near-death skydiving accident that in 2022 that left me in a coma, without a face, and with 52 broken bones. I show the tools I used to manifest miraculous and speedy recovery, that help transcend physical and psychological trauma.

3:00 pm Muscle Testing: Unlocking Your Wellness by Trusting Your Higher Self

ALINA PHOENIX

Demonstrating and teaching the skill of self-muscle testing to enable participants to be able to communicate with their bodies and higher selves in order to determine what their own body needs for optimal life.

4:00 pm Making Symbolism Personal

STEPHEN ULRICH

Breaking down Symbolism, we look at various ways to create, interpret, and connect them through our experiences, sciences, and spiritual beliefs. Come and learn the nuances of the language of symbolism and apply it, personally, to your daily life.



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