

Time Workshop

11:00 am **Tarot 101**

CHRIS SLANEY

This workshop explains the benefits and insights to understanding your tarot sessions. Things for beginners to look for and explanations of the meanings of basic cards that could be a part of your reading.

12:00 noon **The Vibrational Shift**

REV. NANCY LEE

This workshop will teach you how to raise your vibrational frequency. By doing so, it will help you to attune your body, mind, and spirit with Divine Guidance, bring Positive Attraction into your life, release you from the emotional roller coaster and balance you on the Universal Wave.

1:00 pm **Intuitive Food Therapy™ for High Vibrational Wellness**

LAINIE SEVANTE WULKAN

CIFT - Center for Intuitive Food Therapy™ founder, Lainie "Sevante" Wulkan shares her teachings of bridging Spirit and science together to understand the greater role for emotional, mental, physical, and spiritual wellness. She'll take you on a journey of the senses to learn the deeper messages in food.

2:00 pm **A Playful Workshop: Tuning into Your Intuition**

ERIN CUTRONE

Everything carries vibration: Our thoughts, words, intentions, emotions. In this workshop, we will practice tuning into and connecting to ourselves on a deeper level. We will explore the power of vibrations and practice opening our awareness of our intuition using our bodies, pendulums and more!

3:00 pm **The Element of the Crystals**

ISABEL MARQUEZ

Come and learn how crystals can help support your health and wellness. Learn how to select, clean, and clear your crystals, too!



iLLUMINATE CLEARWATER BEACH

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Sunday, August 13, 2023 – 10 am to 5 pm

Sheraton Sand Key Resort

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