

**Time****Workshop****11:00 am****Messages from the Angels**

KATIE &amp; TOM HIRT - ANGELIC CONNECTIONS

Katie and Tom Hirt deliver powerful, meaningful, Spirit influenced presentations that positively change people's lives!

Each presentation is Spirit chosen for that particular group, to meet participant needs. These life and love affirming sessions are interactive, enlightening and FUN! Find peace, direction, love and clarity with the Angels starting NOW!

**12 noon****Unleash Your Inner Shaman**

KELLY NEYLAN

Discover ancient Andean traditions that will help you explore the inner self and spark a positive change. Learn about valuable skills and teachings of Peru that will help you unlock your true potential. Join us for a unique shamanic journey.

**1:00 pm****Beyond the Vision Board**

VERRONICA MITCHELL

Everything starts with a vision! Vision boards can be a powerful tool to help you create the life you love. In this workshop, you will create a vision board in 2 minutes or less to help your vision become a reality. Participants will walk away with a vision board and tips to help them attract and manifest what's on their board.

**2:00 pm****Angelic Ascension Healing & Activation**

JENNIFER PALMER AND JACOB PALMER

Join Jennifer as she facilitates a deep healing and DNA activation with angelic energies, incorporating the energetic structures of platonic solids to implement the healing and activation processes.

These energies help to clear and shift your experience and deeply support your ascension process.

**3:00 pm****Sound Bath Meditation**

LISA M DESPRES

Sound taps into our body's own wisdom to promote healing, mindfulness, and peace through vibration, energy, and stillness.

Join us as we nourish our body, mind, and spirit with crystal singing bowls, Himalayan singing bowls, gong, chimes, and more.

Doors will close at 3:10pm. Please note that the session may run longer than 4pm, so please plan accordingly. Ages 13+ only, and those 13-18 must be accompanied by an adult.



# iLLUMINATE COLUMBIA

LOCAL ARTS & WELLNESS FESTIVALS

Saturday, July 8, 2023 – 10 am to 4 pm\*  
special closing time!

**Ten Oaks Ballroom**

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