

Time

11:00 am **How to Connect with your Spirit Guides**

MELISSA KITTO - WAYSHOWERS COLLEGE

Are you seeing number sequences like 111? Signs and coincidences? It's time to recognize the messages of your angels and learn how to interpret them. Learn to raise your vibration to connect more directly with your spirit guides and begin to receive their guidance.

12 noon **The Power of Breathwork**

JAMES BEARD - THIRTEEN BREATHS

This workshop is a wonderful introduction to several different styles of Breathwork, conscious breathing and pranayama exercises designed to help you understand and heal yourself physically, mentally, emotionally, energetically, and spiritually. James enjoys encouraging people to be open as the healing and spiritual paths unfold during and after Breathwork experiences.

1:00 pm **5 Tips to Living with Your Psychic Abilities**

UMA ALEXANDRA BEEPAT -

THE LOTUS AND THE LIGHT METAPHYSICAL CENTER

Uma draws on her years of experience and formalized training as a psychic medium to lay out an outline for new or developing psychic mediumship to follow in their own growth. Uma is one of the leading psychic mediums in the area and a festival fan favorite! Come watch her!

2:00 pm **Your Energy is Being Stolen from EMFs Around You!**

DR. TRACEY DINER - MAGNETUDE JEWELRY

5G and EMFs are the new carcinogen and silent killer. Did you know your energy is being stolen without your knowledge? Let me tell you how to take some simple and easy steps to decrease your exposure to electromagnetic frequencies and increase your health and vitality.

3:00 pm **Introduction to the Life Between Lives**

CHRIS ALYSSIA - ASCENDED WARRIOR

The life between lives is everything that happens between the time we die in this form and are reborn in another. We spend a fraction of our existence in physical form. Learn about the time spent in between lives; in the place where our consciousness lives.

4:00 pm **The Environment For Your Enlightenment**

LIORA BRUNN – ZOETIC WORKSHOPS

Meditation doesn't guarantee eventual enlightenment, but it does provide the environment in which your opportunities for epiphanies and awakenings can and will occur more frequently! Come experience a meditation that absolutely will give you a boost in that direction!



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