

Time Workshop

11:00 am Messages from the Angels

KATIE AND TOM HIRT

Katie and Tom Hirt deliver powerful, meaningful, Spirit influenced presentations that positively change people's lives! Each presentation is Spirit-chosen for that particular group, to meet participant needs. These life and love affirming sessions are interactive, enlightening and FUN! Find peace, direction, love, and clarity with the Angels starting NOW!

12 noon Psychic and Medium Reading Demonstration

SUNPSYCHIC JEAN

SunPsychic Jean will demonstrate psychic and medium readings along with answering questions about her process and will answer questions about your mysterious spiritual experiences, too.

1:00 pm Developing Psychic Skills

JOY ANDREASEN

Would you like to increase your ability to sense energy or receive psychic information? In this workshop, you will receive some helpful suggestions and exercises to develop your psychic muscles and receive information for yourself. You will learn that you are probably already at least a little psychic, but maybe you don't trust your instincts or worry you are just imagining things. Not to worry! This workshop may help you trust in yourself and get even better!

2:00 pm Introduction to Past Life Recall

REV. TERRY LAURIA-WHALEN

This workshop discusses the concept of past lives, understanding regression through hypnosis, discover the objective of exploring past lives; and distinguishing that past life exploration may contribute to healing current life challenge(s), even when you don't believe in past lives.

3:00 pm Self-Care is Soul-Care

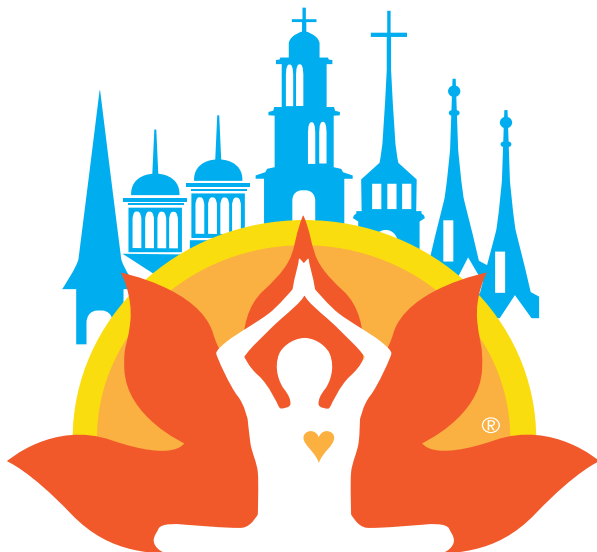
MARY GUNDRUM

During this workshop we will dive into finding balance in life to take the time to nourish your soul. What does nourishing your soul look like? And what are some of the things to do, to keep the balance in mind, body, and soul?

4:00 pm Sound Bath

SABRINA MADSEN

Join us in sacred space to experience an immersion of healing sounds with crystal singing bowls, drumming, Native American flutes, and other beautiful sound healing instruments. A sound bath is like a vibrational massage for the body, mind, and spirit. Doors will close at 4:10pm and may run past the end of the festival. Please plan accordingly. Minors 13-18 are welcome to attend and must be accompanied by an adult.



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