

# iLLUMiNATE COLUMBIA

*local arts & wellness festival*

Sunday, September 11, 2022 - 10 am to 5 pm

**Ten Oaks Ballroom**

5000 Signal Bell Lane, Clarksville, Maryland 21029

Try a holistic mini-session!

**Shop, sample & delight your senses**

Energywork, Bodywork and Intuitive Readers  
Crystals • Essential Oils • Luxurious Spa Products  
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Free admission & free workshops

575.519.5883

[www.illuminatefestivals.com](http://www.illuminatefestivals.com)



**Time****Workshop****11:00 am****Messages from the Angels**

KATIE &amp; TOM HIRT - ANGELIC CONNECTIONS

Tom and Katie Hirt connect to the Spirit realm to give messages of love, peace, insight and comfort to all. Their presentations are lively, upbeat and timely and every presentation is different, depending on what the audience needs and what Spirit and the Angels address collectively for that audience.

**12 noon****Healing from the Inside Out**

VERONICA WILSON - PANACEA CENTRE OF WELLNESS

Workshop will focus on how toxins, sugars, and excessive prescription drugs can have damaging chronic effects on all the systems of the human body. We will explore how to make small lifestyle and nutrition changes to improve quality of life and live life to the fullest.

**1:00 pm****Unleash Your Inner Shaman**

KELLY NEYLAN - LASTING LIGHT WELLNESS &amp; OILS

Shamanism provides a basis for personal exploration and change built on the earth-based traditions of ancient Peru. Come experience a shamanic journey and an introduction to powerful skills, inspired teachings and healings.

**2:00 pm****Are You Tapping Into Your Intuitive Gifts?**

JENNIFER PALMER - NOURISHING JOURNEY

What are you being called to do in life? Join Jennifer Palmer as she walks you through how to answer this question and access your intuitive gifts in a daily basis. Accessing your intuition helps you to feel more connected to Spirit and it helps you to experience your highest and best life.

**3:00 pm****From Surviving to Thriving: Begin Reclaiming a Life You Love When Living with Chronic Illness**

CARRIE BAQUIE - CHRONIC ILLNESS ALLY

Sick and tired of being sick and feeling stuck, lonely or overwhelmed because of long term health challenges? Let's explore the path to reclaiming a life you love in 3 parts: Overview of Chronic Illness Life Cycle; Essential Tools for Transforming Your Experience of Illness; and Discussion.

**4:00 pm****Introduction to Animal Communication - Anyone Can Learn!**

CHRISTINE HAJEK - PERIDOT, LLC

Animal communication is a natural gift that we ALL possess, we just need to remember how! In this fun and interactive session, you will learn to ground your energy and open to messages. We will practice receiving messages from our animal friends. Everyone will have some degree of success!