



iLLUMINATE FREDERICK

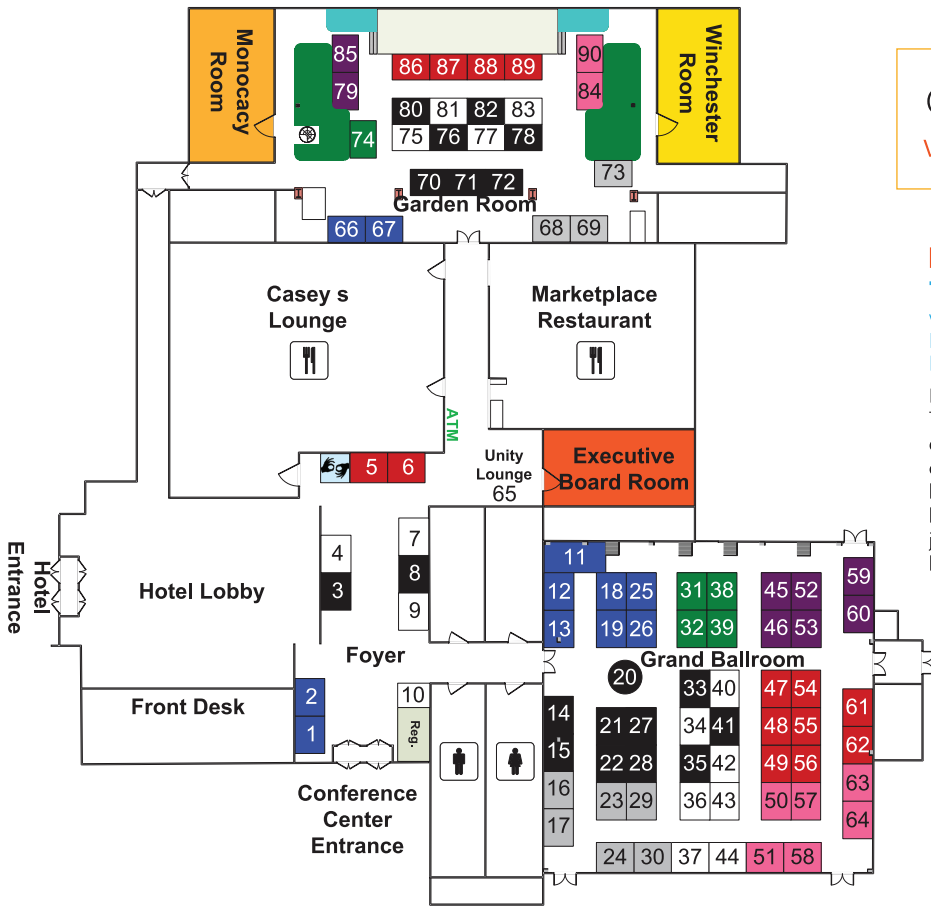
MIND-BODY-SPIRIT FESTIVAL • SUNDAY, APRIL 22ND - 11 AM TO 6 PM

EXHIBITORS

- 45 Acupuncture with Isabelle
- 78 Advanced Chiropractic And Nutritional Healing Center
- 60 Angel Chatter
- 84 Angel Talk Radio/TV & Telespectra LLC
- 85 Angelic Connections
- 28 Animal Communication By Dori
- 81 B.Birdwatcher Spiritual Stones
- 23 Black Star Jewelry
- 44 Bloomingneck Vines
- 63 Body & Sole Wellness
- 19 Carlos the Medium
- 40 Catocin Mountain Jewelry
- 2 Chakra Charms
- 70 & 71 Crystal Sage
- 88 Dana Maxwell
- 6 DanCandle LLC
- 90 Darkfield Microscopist
- 42 Debra Spotts Akashic Readings & Tarot
- 69 Denise VanBriggle
- 80 DorLDor.com
- 79 Dream of the Shaman
- 5 Dream Sister Studio/Web Weavers, LLC
- 72 Dreams of Stardolphin Visionary Art
- 26 Eagle Skyfire, LLC
- 13 Earth Angel Creations
- 68 Earth Energy Stones
- 75 Essential Wellness-Body, Mind, Spirit
- 87 For The Love Of You
- 76 Four Quarters Interfaith Sanctuary
- 74 Frederick Bodywork
- 53 Free To Be HSP: Life Coaching For Highly Sensitive People
- 59 Heal With Heart LLC
- 24 Healing through your Akashic Records
- 1 Hennamorphosis
- 58 Holistic Health Associates
- 36 Inspired Fashions of Asia
- 33 Intuitive Healing Spirits
- 46 Isabella Cates Healing
- 22 Jeanne Brumbaugh
- 49 Jennifer Coombs
- 86 Joseph Adams Healing
- 8 & 9 LA Crystal Energies
- 52 Lasting Light Wellness & Oils
- 48 Life Transforming Hypnotherapy
- 50 Light Side Floats
- 16 Light Works
- 67 Marcia Colver Reichert
- 56 Messy Buddha Boutique
- 32 Mindfulnice
- 89 Moonbeams and Fairy Dust
- 39 MoonHaven School of Magic
- 55 Oils & Oracles
- 38 Om Chakra Healing Center
- 20 Peace & Laughter
- 34 Perceptive Visions
- 82 Perfectly Posh
- 83 Phoenix Rising Apothecary
- 10 Pritchard Life Mastery Consulting
- 43 Pure Light Healing Essences
- 77 Raven's Own
- 41 Readings by Dino
- 11 Reiki For Vets
- 4 Remnants of Magic
- 64 Sacred Soul Inspiration, Anita Kuhn Carria
- 27 Seed of Light Designs
- 35 Sonia Subaran
- 3 Soul's Talisman Crystals
- 25 Sound Spark Productions, LLC
- 29 Spirit Guided Portraits LLC
- 31 Spring Ridge Chiropractic
- 12 Susan Haller
- 15 Tarot Is More Than Cards
- 47 Terrie Christine
- 66 The Art Studios of David F. Heatwole
- 62 The Expanding Heart Center
- 30 The Turning Point: Frederick's Community Acupuncture
- 54 The Twisted Bead & rock Shop
- 21 Therapeutic Thymes Magazine
- 61 Third Eye Supply
- 18 Tranquil Souls
- 37 Transform to Joy, LLC
- 65 Unity of Frederick
- 7 WallStreet Medium
- 14 Willow & Birch
- 73 Wonderful Wellness
- 17 Worldtrenz llc
- 51 Your Message Awaits You
- 57 Zinzeudo Infinite Wellness

Check out our online Exhibitor Directory for more details

Check out our website for more details
www.illuminatefestivals.com/frederick



Performing at 1pm in Casey's Lounge

Troupe Anam Cara Belly Dance
 with special guests Troupe Asherah, Goddess Sisters Rising, Kamilah and Sabeebah Dahlal, and Jensuya Belly Dance, Hips Raqs Drum and Dance

LINDSEY MCCORMICK Anam Cara. Friend of my Soul. Through teaching belly dance classes I strive to create a welcoming environment, free from the harsh self criticism we encounter on a daily basis when viewing our bodies. All body types are welcome here: young or not so young; thin or heavy; beautiful post partum bellies; bellies with scars, stretch marks, or blemishes. There is no judgement here. Come learn how to move and appreciate your body through the graceful art of belly dance.

THANK YOU TO
 Clarion Inn Frederick Event Center
 5400 HOLIDAY DRIVE
 FREDERICK, MARYLAND 21703
 AND
 Debra Spotts
 DESIGNATED BEACON OF LIGHT

Time

Executive Board Room

Monocacy Room

Winchester Room

12 noon**Tuning Forks: Tools for Sound Healing**

ANGELO RIZZO - SOUND SPARK PRODUCTIONS, LLC
Tuning forks are light weight sound healing tools. When activated their vibration is easily directed on the body, and in the energetic field around the body. Come join Angelo Rizzo for this unique class. It will be both experiential and educational. For beginners or more experienced tuning fork users the class will be fun, helpful and insightful. Includes movement and vibration.

Messages from the Angels

KATIE & TOM HIRT - ANGELIC CONNECTIONS
Katie and Tom Hirt deliver powerful, meaningful, Spirit influenced presentations that positively change people's lives! Each presentation is Spirit chosen for that particular group, to meet participant needs. These life and love affirming sessions are interactive, enlightening and FUN! Find peace, direction, love and clarity with the Angels starting NOW!

Heart of the Earth

EAGLE SKYFIRE
This workshop is taught by Eagle Skyfire. She is a Native American shaman and spiritual teacher with over 30 years of experience. These techniques will show how to apply Native American wisdom to create more harmonious environments, whether at home or at work.

1:00 pm**Manifesting Your Dreams Workshop**

ANNE SABAGH, CERTIFIED LIFE COACH
This fun, interactive workshop is for anyone wanting to learn practical methods of manifesting what you want most in your life. If you want to manifest finding your life partner, a job, a home, or whatever else your desires may be - put your intention out to the universe and transform your intentions into reality. Enjoy a guided meditation led by Matthew McKinzie, didgeridoo player extraordinaire. Come join us and manifest your dreams!

Reiki For Vets

ALLISON & WILLIAM BROWN
WITH SPECIAL GUEST, JUDY BUCHANAN
William Brown and Dr. Allison Brown share the remarkable story behind their Reiki For Vets program - created to help disabled veterans improve the quality of their lives through holistic, non-invasive, complementary treatment options. Find out how you can be a part of this exciting, grass-roots organization!

What is Medical QiGong and How It Can Help You?

CHRIS CRAWFORD-LLOYD - THE EXPANDING HEART CENTER
Chris will give some background of Medical QiGong. She will also explain how she uses QiGong in her practice, and she will lead the group in exercises they can take home and start using right away.

2:00 pm**Planting Seeds of Intention: A Crafting Workshop**

CATIE PEIPER & JULIE SKAARUP - MOONHAVEN SCHOOL OF MAGIC
Discover your magical side with MoonHaven School of Magic as we enjoy some light crafting and discussion together! We'll delve into the mechanics of intention-setting and manifestation through physical crafting, and we'll explore how energy work and willpower can come together to create some seriously positive change. Bring your questions and your sense of play and leave with your own little pot of magic to take home with you.

Modern Shamanism

KELLY NEYLAN - LASTING LIGHT WELLNESS & OILS
Shamanism provides a basis for personal exploration and change built on the Earth-based traditions of ancient Peru. Come experience a shamanic journey and an introduction to powerful skills, inspired teachings and signs; healings.

Within Each of Us

DINO CALABRESE - READINGS BY DINO
With his ability to interpret vibrations, Dino will help guide you through your path with Clarity and Joy by channeling the room and answering your individual question. Spirit Guides will help you understand how simple and beautiful life is when you receive a different perspective from the energies around you.

3:00 pm**Stones & Crystals for In-Home and Personal Use**

SARA - EARTH ENERGY STONES
Learn how to improve the energy health of your home and workspace as well as how you can use stones and crystals on a daily basis!

Gallery Readings

DANA MAXWELL
Join Dana Maxwell Intuitive Medium for eye opening gallery-style readings. Connect with loved-ones and pets. Receive answers to life's questions. Dana is able to tune into your past, present, and future based upon your projected soul path. Dana offers awakening guidance while providing educational tools to add to your Soul Level Tool Box.

**Vision Workshop-
Discover the Life You Were Meant to Live**

NANCY A PRITCHARD - PRITCHARD LIFE MASTERY CONSULTING
Vision Workshop - My intention is that you leave this workshop knowing THREE major tools that can help you achieve your goals and dreams faster than you imagined. You'll HAVE greater clarity about your life vision and your power to manifest it.

4:00 pm**The Power Of Vision Boards**

DIANE SHARR
Learn how a vision board can help you achieve your goals and manifest your desired future.

Reiki For Vets

ALLISON & WILLIAM BROWN
WITH SPECIAL GUEST, JUDY BUCHANAN
William Brown and Dr. Allison Brown share the remarkable story behind their Reiki For Vets program - created to help disabled veterans improve the quality of their lives through holistic, non-invasive, complementary treatment options. Find out how you can be a part of this exciting, grass-roots organization!

The Nature and Uses of Counterpart Selves

DR. JOSEPH MANCINI, JR. - LIFE TRANSFORMING HYPNOTHERAPY
In this workshop, after Dr. Mancini quickly explains the nature and function of Counterpart Selves, participants will engage in a hypnotic exercise to access one or more such selves to gain other viewpoints on an important issue. Counterpart Selves were first discussed by Seth, channeled by psychic Jane Roberts.

5:00 pm**Is Your Self-Talk Making You Sick?
Learn How to Change It!**

DEBRA SPOTTS
The science & statistics are clear - there is a link between our feelings, thoughts and health. The repetitive negative self-talk doesn't solve problems, it perpetuates them and creates a continuous pattern. Learn how to get out of the rut and get yourself on the path to wellness!

Oh, My Beloved, Now What?

ANITA KUHN CARRIA - SACRED SOUL INSPIRATION
My Beloved is kindness of the heart. My Beloved is a precious teacher. You are the Beloved, you are universal consciousness. Discover what this means for you... Participate in visualizations to connect with allies, Angels and guides who assist us, as well as for enlightenment and to increase your frequency.

The Secret Power of You

TERRIE CHRISTINE
Are the stories you are telling yourself holding you back? Let me guide you through the process of introducing new habits, thoughts, and beliefs that support the life you want to live. By healing past issues and altering your consciousness, you can align to the real you.